

# THE SPREADS

SERVES 15+

Recreate the Roots line at your event! Individuals create their own bowls buffet-style. Choose one of our 3 spreads featuring our favorite ingredients, bases, dressings & grilled items.



## THE CLASSIC \$11.50 per person

**The Essentials** — the basics.  
Simple & satisfying!

**BASES:** Brown Rice, Kale

**INGREDIENTS:** Black Beans, Charred Corn, Red Onions, Pita Chips<sup>G</sup>

**CHEESES:** Feta<sup>D</sup>

**GRILL:** Chicken & BBQ Tofu

**DRESSINGS:** Cilantro Lime, Caesar<sup>D,F</sup>

### ALLERGENS

<sup>D</sup> = Dairy   <sup>G</sup> = Gluten   <sup>F</sup> = Fish

No item contains peanuts

Items without Chicken, Fish or Dairy noted are 100% Vegan

## THE WORKS \$14.00 per person

**The Happy Medium** — everything in the Classic, plus a 'lil more!

**BASES:** Brown Rice, Kale, Arcadian Mix

**INGREDIENTS:** Black Beans, Charred Corn, Red Onions, Pita Chips<sup>G</sup>, Sweet Potatoes, Cucumbers, Tomatoes

**CHEESES:** Feta<sup>D</sup> & Parmesan<sup>D</sup>

**GRILL:** Chicken & BBQ Tofu

**DRESSINGS:** Cilantro Lime, Caesar<sup>D,F</sup>

**CITRUS & SPICE:** Sriracha, Tabasco, Lemons & Limes

## THE SUPREME \$16.50 per person

**The Most Variety** — our widest array of ingredients & dressings!

**BASES:** Brown Rice, Kale, Arcadian Mix

**INGREDIENTS:** Black Beans, Charred Corn, Pita Chips<sup>G</sup>, Roasted Sweet Potatoes, Cucumbers, Tomatoes, Chickpeas, Roasted Broccoli, Lime-Pickled Onions, Pickled Jalapeños

**CHEESES:** Feta<sup>D</sup> & Parmesan<sup>D</sup>

**GRILL:** Chicken & BBQ Tofu

**DRESSINGS:** Cilantro Lime, Caesar<sup>D,F</sup>, Pesto Vinaigrette<sup>D</sup>

**CITRUS & SPICE:** Sriracha, Tabasco, Lemons & Limes

## MEGA BOWLS

Mix & Match Our Signature Bowls - Mega Sized! Quick & easy for any group. Each serves 5-7 people.  
\$65 each



## INDIVIDUAL BOWLS

Choose an Array of Signatures or custom bowls. Individually labelled. A perfect Grab & Go option.  
Signatures - \$13.50   Customs - \$15.50



## ADD DRINKS

Take your meal up a notch by adding an assortment of drinks!  
\$2-4 per person



WE DELIVER!

